

# Nutrition



## Forever Ginkgo Plus®

Feed your creativity with Ginkgo Biloba, the legendary “brain tonic” dating back five millennia. Forever Ginkgo Plus is a unique blend of four Chinese plants. Ginkgo Biloba leaf extract, its chief ingredient, is combined with the powerful Chinese herbs of Ganoderma from Reishi mushrooms, Schisandra berries and cured Fo-ti.

The ginkgo tree is said to be the oldest surviving tree species. They live incredibly long (often over 1,000 years), and are extremely resistant to fungi and insects. Ginkgo Biloba is one of the most popular herbal supplements available in Europe and North America.

Extract from the ginkgo leaf yields flavonoids and terpenoids which strengthen capillaries. They also act as antioxidants. Ginkgo has been shown to increase circulation of blood to the brain, making it a remarkable “brain tonic.”

### Supplement Facts

Serving Size 1 Tablet

#### Amount Per Tablet

Ginkgo Biloba Extract, powdered (leaf) (Standardized to 24% flavonoids/6% terpenoids)	30 mg*
Reishi (Ganoderma lucidum), powdered (mushroom)	210 mg*
Schisandra (wu-wei-zi: Schisandra chinensis), powdered (berries)	130 mg*
Cured Fo-ti (he-shou-wu: Polygonum multiflorum), powdered (root)	110 mg*

\* Daily Value not established

### OTHER INGREDIENTS

Microcrystalline Cellulose, Tricalcium Phosphate, Cellulose, Stearic Acid, Croscarmellose Sodium, and Magnesium Stearate

### CONTENTS

60 tablets

### DIRECTIONS

One tablet, twice a day.

Note: Ginkgo Plus is not recommended for use during pregnancy or lactation, nor for children under 6 years of age.



- Enhances blood supply to the brain
- Helps support circulation
- Energy level booster
- Includes tonic herbs to boost the benefits of ginkgo
- 50:1 leaf-to-extract ratio

PRODUCT #073

*The statements contained herein have not been evaluated by the FDA. The products discussed are not intended to diagnose, mitigate, treat, cure or prevent a specific disease or class of diseases. You should consult your family physician if you are experiencing a medical problem.*